



# St. John's CE Primary School

Growing and learning together  
Sharing the love of God

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Dear Parents/Carers



Get set... we're taking part in Sustrans Big Pedal 2021, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from **19 April to 30 April**. It's free and we would love everyone to be involved.

## What do you need to do?

Encourage your child/ren to take active journeys to school on as many days as possible during the event, and join them on their way. In school we will keep a record of the active journeys and enter them into the competition.

**Remember – cycling helmets must be worn by every child, thank you.**

## Why we are taking part;

- Sustrans Big Pedal is a great way to get children active, which is important for physical health and mental wellbeing.
- Active school runs also help to reduce congestion and air pollution outside the school gate.
- Covid-19 has made active travel to school even more important. The Department for Education have said encouraging active travel to school helps "to enable pupils to be physically active while encouraging physical distancing."
- Plus there are some great prizes to be won every day if we get enough children taking part!

## Cycle, walk, scoot and snap to win family prizes;

You and your family can also win prizes during Sustrans Big Pedal. Simply post a photo of you and your child/ren cycling, walking, wheeling or scooting to school on social media during the challenge using #BigPedalWin.

To be in with a chance of winning, you'll need to follow Sustrans on Instagram [instagram.com/sustrans](https://www.instagram.com/sustrans), Twitter [twitter.com/sustrans](https://twitter.com/sustrans) or Facebook [facebook.com/Sustrans](https://www.facebook.com/Sustrans).

Be sure to check the terms and conditions found on the Big Pedal website prior to entering the competition.

For more information about the event go to [www.bigpedal.org.uk](http://www.bigpedal.org.uk). Enjoy the challenge!

Yours sincerely,

Mrs L Crouch  
PE Leader



The Big Pedal is a Sustrans project. Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute. Join us on our journey. [www.sustrans.org.uk](http://www.sustrans.org.uk)

Sustrans is a registered charity in England and Wales (number 326550) and Scotland (SC039263). © Sustrans 2021



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