



St. John's CE Primary School

Growing and learning together
Sharing the love of God

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Dear Parents/Carers

Year 4, 5 & 6 National Standard Cycle Training (Bikeability): St John's School, Weymouth

We are very excited to announce that Bikeability training at St John's is back! Bikeability is the cycling proficiency of the 21st Century, designed to give the next generation the skills and confidence to ride their bikes to the Government approved national standards for cycle training.

This year the course is fully funded and there are 12 places for Level 1 (Year 4) and 12 places for Level 2 (Years 5 & 6). Training is scheduled to take place from St John's School 24th – 27th May and places will be allocated on a first come first served basis. **Children must bring their own bike in full working order and a helmet to take part.**

Places will need to be booked via The Arbor App. This is managed by Arbor and when the club becomes full, you will no longer be able to book a place. Please go to 'Quick Actions', click on 'Clubs' and select 'Year 4 Bikeability' or 'Years 5 & 6 Bikeability'. Booking opens at 6pm on Monday 9th May and closes at 6pm on Monday 16th May 2022.

When your child's space has been confirmed, you will receive a hard copy consent form. This MUST be completed and returned to the school office before your child can take part in the club.

During Level 2 Bikeability training, children will be cycling out on the roads to gain a real cycling experience so that they are able to deal with traffic on short journeys such as cycling to school. Before training can take place on the roads, children will need to achieve the Level 1 standard at school in a traffic-free environment. This takes place on the first morning of training.

Once your child has completed each level of their Bikeability, they will receive a badge. Bikeability is not just about teaching children to ride a bike and equipping them with the necessary skills and knowledge needed to ride a bike safely throughout the rest of their life. It is also about introducing them to cycling as an everyday activity – an alternative mode of transport, an enjoyable pastime, which brings a healthier lifestyle and ultimately lots of fun. Bikeability will give your child a life skill that once they've learnt, they will never forget.

For further information about Bikeability please visit www.bikeability.org.uk

Yours faithfully

Mrs Lucy Crouch
PE Leader



Diocese of Salisbury
Academy Trust
'Beyond expectations for all of God's children'