



**Key knowledge:**

| Human Growth                 |   |
|------------------------------|---|
| The stages of the human life | <ul style="list-style-type: none"> <li>Fertilised egg</li> <li>Foetus</li> <li>Baby</li> <li>Toddler</li> <li>Child</li> <li>Teenager</li> <li>Adult</li> <li>Old age</li> <li>Death</li> </ul> |
| Average UK life expectancy   | <ul style="list-style-type: none"> <li>Men: 79</li> <li>Women: 82</li> </ul>  |
| Puberty                      |   |
| What is puberty?             | <p>The process of the body developing<br/>Usually happens between the ages of 10 and 18.<br/>During puberty, the bodies of boys and girls begin to change.</p>                                  |
| Changes for girls            | <p>Hair starts to grow on the body.<br/>Breasts develop and hips widen.<br/>Periods start.</p>  |
| Changes for boys             | <p>Hair starts to grown on the body.<br/>Hair starts to grow on the face.<br/>Testicles start to produce sperm.</p>   |

**Key vocabulary:**

|                 |   |
|-----------------|---|
| Testicles       | The part of the body in men where sperm is produces |
| Sperm           | The fluid that fertilises the egg                   |
| Life expectancy | The approximate age a person is going to live to    |

**Possible experiences:**

Compare the life cycles animals and humans.  
Gather and analyse data linked with the human body (e.g. height of parents, teachers and pupils).

**Key concepts:**

|            |           |
|------------|-----------|
| Describing | Analysing |
| Comparing  | Gathering |

**Diagrams:**

