

AUTUMN LUNCH MENU

FULL

MONDAY 1 SEPTEMBER

Still on hols!!

TUESDAY 2 SEPTEMBER

Mild Roasted Vegetable & Mango Curry with 50/50 Rice & Vegetables

Jacket Potato with Baked Beans & Grated Cheese

Vanilla Sponge or Fresh Fruit

WEDNESDAY 3 SEPTEMBER

Local Butcher's Pork Sausage with Roast Potatoes, Country Vegetables & Gravy

Cheese & Leek Sausage with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Tomato Twist & Carrot Sticks

Orange Wedge & Chocolate Flapjack

THURSDAY 4 SEPTEMBER

British Beef Bolognese with Pasta Twists, Sweetcorn & Grated Cheese

Veg Packed Bolognese with Pasta Twists, Sweetcorn & Grated Cheese

Tuna Wrap with Cheese Pinwheel & Cucumber

Fresh Melon & Mini Oat Cookie

FRIDAY 5 SEPTEMBER

MSC Battered Fish with Potato Wedges, Peas & Tomato Ketchup

Vegetable & Bean Enchilada with Potato Wedges, Peas & Tomato Ketchup

Ham Roll with Potato Wedges, Carrot Sticks & Tomato Ketchup

Dorset Apple Cake or Fresh Fruit

MONDAY 8 SEPTEMBER

Somerset Cheese & Tomato Pizza with Baked Beans & Corn on the Cob

Plant Powered Sausage Roll with Baked Beans & Corn on the Cob

Cheese Wrap with Tomato Pinwheel & Carrot Sticks

Jammy Shortbread or Fresh Fruit

TUESDAY 9 SEPTEMBER

Red Tractor British Chicken Meatballs with Tasty Tomato Sauce, Pasta Twists, Grated Cheese & Peas

Plant Packed Meatballs with Tasty Tomato Sauce, Pasta Twists, Grated Cheese & Peas

Jacket Potato with Tuna Mayo & Cucumber

Orange Wedge & Chocolate Cookie

WEDNESDAY 10 SEPTEMBER

Roast Dorset Gammon with Roast Potatoes, Country Vegetables & Gravy

Plant Based "Meat" Loaf with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Marmite Twist & Carrot Sticks

Berryful Oat Slice or Fresh Fruit

THURSDAY 11 SEPTEMBER

British Beef Cottage Pie with Carrots & Peas

Plant Powered Cottage Pie with Carrots & Peas

Jacket Potato with Baked Beans & Grated Cheese

Fresh Pineapple & Mini Ginger Biscuit

ROALD DAHL DAY FRIDAY 12 SEPTEMBER

Fishy Figglers with Potato Wedges, Sweetcorn & Tomato Ketchup

Farmer Bean & Cheese Quesadilla with Potato Wedges, Sweetcorn & Tomato Ketchup

Snoozcumber Sandwich with Cheese Muffin & Carrot Sticks

Bruce's Gluttonous Chocolate Cake with Chocolate Sauce or Fresh Fruit

MONDAY 15 SEPTEMBER

Tasty Tomato Sauce with Pasta Twists, Grated Cheese & Peas

Roasted Vegetable, Pesto & Cheese Slice with Peas

Jacket Potato with Ham & Cucumber

Flapjack or Fresh Fruit

TUESDAY 16 SEPTEMBER

Park & Apple Burger in a Roll with Baked Beans & Corn Ribs

Plant Packed Burger in a Roll with Baked Beans & Corn Ribs

Jacket Potato with Grated Cheese & Carrot Sticks

Fresh Melon & Vanilla Cookie

WEDNESDAY 17 SEPTEMBER

Roast British Beef with Yorkshire Pudding, Roast Potatoes, Country Vegetables & Gravy

Cauliflower & Broccoli Cheese with Yorkshire Pudding, Roast Potatoes, Country Vegetables & Gravy

Tuna Wrap with Cheese Pinwheel & Cucumber

Orange Wedge & Chocolate Brownie

THURSDAY 18 SEPTEMBER

British Beef Masala with 50/50 Rice, Vegetables & Mini Naan

Mild Quorn Tikka Masala with 50/50 Rice, Vegetables & Mini Naan

Jacket Potato with Ham & Carrot Sticks

Strawberry Whip or Fresh Fruit

FRIDAY 19 SEPTEMBER

MSC Breaded Fish with Potato Wedges, Peas & Tomato Ketchup

Chargrilled Vegetable & Cheese Turnover with Potato Wedges, Peas & Tomato Ketchup

Egg Mayo Roll with Potato Wedges & Cucumber

Jammy Cupcake or Fresh Fruit

MONDAY 22 SEPTEMBER

British Beef Bolognese with Pasta Twists, Carrots & Grated Cheese

Veg Packed Bolognese with Pasta Twists, Carrots & Grated Cheese

Ham Roll with Tomato Pinwheel & Carrot Sticks

Lemon Shortbread or Fresh Fruit

TUESDAY 23 SEPTEMBER

Mouthwatering Moroccan Chicken with 50/50 Rice & Vegetables

Mouthwatering Moroccan Chargrilled Vegetables with 50/50 Rice & Vegetables

Jacket Potato with Baked Beans & Grated Cheese

Orange Wedge & Chocolate Flapjack

WEDNESDAY 24 SEPTEMBER

Roast Pork Loin with Roast Potatoes, Country Vegetables & Gravy

Cheese & Leek Sausage with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Tomato Twist & Carrot Sticks

Carrot Cupcake or Fresh Fruit

THURSDAY 25 SEPTEMBER

British Beef Meatball Sub with 5 Veg Tomato Sauce, Grated Cheese, Corn Ribs & Peas

Plant Packed Meatball Sub with 5 Veg Tomato Sauce, Grated Cheese, Corn Ribs & Peas

Jacket Potato with Tuna Mayo & Cucumber

Strawberry Jelly & Fresh Fruit Selection

FRIDAY 26 SEPTEMBER

MSC Battered Fish with Potato Wedges, Sweetcorn & Tomato Ketchup

Vegetable & Bean Enchilada with Potato Wedges, Sweetcorn & Tomato Ketchup

Ham Roll with Potato Wedges, Carrot Sticks & Tomato Ketchup

Fruity Oat Cookie or Fresh Fruit

MONDAY 29 SEPTEMBER

Somerset Cheese & Tomato Pizza with Baked Beans & Corn on the Cob

Plant Powered Sausage Roll with Baked Beans & Corn on the Cob

Cheese Wrap with Tomato Pinwheel & Carrot Sticks

Jammy Shortbread or Fresh Fruit

TUESDAY 30 SEPTEMBER

Red Tractor British Chicken Meatballs with Tasty Tomato Sauce, Pasta Twists, Grated Cheese & Peas

Plant Packed Meatballs with Tasty Tomato Sauce, Pasta Twists, Grated Cheese & Peas

Jacket Potato with Tuna Mayo & Cucumber

Orange Wedge & Chocolate Cookie

WEDNESDAY 1 OCTOBER

Roast Dorset Gammon with Roast Potatoes, Country Vegetables & Gravy

Plant Based "Meat" Loaf with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Marmite Twist & Carrot Sticks

Berryful Oat Slice or Fresh Fruit

THURSDAY 2 OCTOBER

British Beef Cottage Pie with Carrots & Peas

Plant Powered Cottage Pie with Carrots & Peas

Jacket Potato with Baked Beans & Grated Cheese

Fresh Pineapple & Mini Ginger Biscuit

FRIDAY 3 OCTOBER

Fish Fingers with Potato Wedges, Sweetcorn & Tomato Ketchup

Bean & Cheese Quesadilla with Potato Wedges, Sweetcorn & Tomato Ketchup

Cucumber Sandwich with Cheese Muffin & Carrot Sticks

Chocolate Cake with Chocolate Sauce or Fresh Fruit

MONDAY 6 OCTOBER

Tasty Tomato Sauce with Pasta Twists, Grated Cheese & Peas

Roasted Vegetable, Pesto & Cheese Slice with Peas

Jacket Potato with Ham & Cucumber

Flapjack or Fresh Fruit

TUESDAY 7 OCTOBER

Park & Apple Burger in a Roll with Baked Beans & Corn Ribs

Plant Packed Burger in a Roll with Baked Beans & Corn Ribs

Jacket Potato with Grated Cheese & Carrot Sticks

Fresh Melon & Vanilla Cookie

WEDNESDAY 8 OCTOBER

Roast British Beef with Yorkshire Pudding, Roast Potatoes, Country Vegetables & Gravy

Cauliflower & Broccoli Cheese with Yorkshire Pudding, Roast Potatoes, Country Vegetables & Gravy

Tuna Wrap with Cheese Pinwheel & Cucumber

Orange Wedge & Chocolate Brownie

THURSDAY 9 OCTOBER

Mild Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan

Mild Quorn Tikka Masala with 50/50 Rice, Vegetables & Mini Naan

Jacket Potato with Ham & Carrot Sticks

Strawberry Whip or Fresh Fruit

FRIDAY 10 OCTOBER

MSC Breaded Fish with Potato Wedges, Peas & Tomato Ketchup

Chargrilled Vegetable & Cheese Turnover with Potato Wedges, Peas & Tomato Ketchup

Egg Mayo Roll with Potato Wedges & Cucumber

Jammy Cupcake or Fresh Fruit

MONDAY 13 OCTOBER

British Beef Bolognese with Pasta Twists, Carrots & Grated Cheese

Veg Packed Bolognese with Pasta Twists, Carrots & Grated Cheese

Ham Roll with Tomato Pinwheel & Carrot Sticks

Lemon Shortbread or Fresh Fruit

TUESDAY 14 OCTOBER

Mouthwatering Moroccan Chicken with 50/50 Rice & Vegetables

Mouthwatering Moroccan Chargrilled Vegetables with 50/50 Rice & Vegetables

Jacket Potato with Baked Beans & Grated Cheese

Orange Wedge & Chocolate Flapjack

WEDNESDAY 15 OCTOBER

Roast Pork Loin with Roast Potatoes, Country Vegetables & Gravy

Cheese & Leek Sausage with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Tomato Twist & Carrot Sticks

Carrot Cupcake or Fresh Fruit

THURSDAY 16 OCTOBER

British Beef Meatball Sub with 5 Veg Tomato Sauce, Grated Cheese, Corn Ribs & Peas

Plant Packed Meatball Sub with 5 Veg Tomato Sauce, Grated Cheese, Corn Ribs & Peas

Jacket Potato with Tuna Mayo & Cucumber

Strawberry Jelly & Fresh Fruit

FRIDAY 17 OCTOBER

MSC Battered Fish with Potato Wedges, Sweetcorn & Tomato Ketchup

Vegetable & Bean Enchilada with Potato Wedges, Sweetcorn & Tomato Ketchup

Ham Roll with Potato Wedges, Carrot Sticks & Tomato Ketchup

Fruity Oat Cookie or Fresh Fruit

MONDAY 20 OCTOBER

Somerset Cheese & Tomato Pizza with Baked Beans & Corn on the Cob

Plant Powered Sausage Roll with Baked Beans & Corn on the Cob

Cheese Wrap with Tomato Pinwheel & Carrot Sticks

Jammy Shortbread or Fresh Fruit

TUESDAY 21 OCTOBER

Red Tractor British Chicken Meatballs with Tasty Tomato Sauce, Pasta Twists, Grated Cheese & Peas

Plant Packed Meatballs with Tasty Tomato Sauce, Pasta Twists, Grated Cheese & Peas

Jacket Potato with Tuna Mayo & Cucumber

Orange Wedge & Chocolate Cookie

WEDNESDAY 22 OCTOBER

Roast Dorset Gammon with Roast Potatoes, Country Vegetables & Gravy

Plant Based "Meat" Loaf with Roast Potatoes, Country Vegetables & Gravy

Cheese Roll with Marmite Twist & Carrot Sticks

Berryful Oat Slice or Fresh Fruit

THURSDAY 23 OCTOBER

Macaroni Cheese with Wyke Farm Cheddar & Peas

Tasty Tomato Soup with a Cheese Baguette

Ham Wrap with Cheese Pinwheel & Cucumber

Fresh Pineapple & Mini Ginger Biscuit

FRIDAY 24 OCTOBER

Fish Fingers with Potato Wedges, Sweetcorn & Tomato Ketchup

Bean & Cheese Quesadilla with Potato Wedges, Sweetcorn & Tomato Ketchup

Cucumber Sandwich with Cheese Muffin & Carrot Sticks

Chocolate Cake with Chocolate Sauce or Fresh Fruit

MONDAY 3 NOVEMBER

Tasty Tomato Sauce with Pasta Twists, Grated Cheese & Peas

Roasted Vegetable, Pesto & Cheese Slice with Peas

Jacket Potato with Ham & Cucumber

Flapjack or Fresh Fruit

TUESDAY 4 NOVEMBER

Mild Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan

Mild Quorn Tikka Masala with 50/50 Rice, Vegetables & Mini Naan

Jacket Potato with Baked Beans & Grated Cheese

Fresh Melon & Vanilla Cookie

WEDNESDAY 5 NOVEMBER

Local Butcher's Pork Sausage with Mashed Potato & Baked Beans

Quorn Best of British Sausage with Mashed Potato & Baked Beans

Cheese Roll with Marmite Twist & Carrot Sticks

Catherine Wheel Cookie & Orange Wedge

THURSDAY 6 NOVEMBER

British Beef Bolognese with Pasta, Sweetcorn & Garlic Bread

Plant Packed Bolognese with Pasta, Sweetcorn & Garlic Bread

Tuna Wrap with Cheese Pinwheel & Cucumber

Strawberry Yoghurt or Fresh Fruit

FRIDAY 7 NOVEMBER

MSC Breaded Fish with Potato Wedges, Peas & Tomato Ketchup

Chargrilled Vegetable & Cheese Turnover with Potato Wedges, Peas & Tomato Ketchup

Egg Mayo Roll with Potato Wedges & Cucumber

Jammy Cupcake or Fresh Fruit

WE RESERVE THE RIGHT TO MAKE MENU CHANGES WHEN NECESSARY

G Gluten D Dairy E Egg S Soya F Fish C Coconut V Vegan

CONTAINS ALLERGENS

FULL