

# Bugs, Bones & Botany CIC – Not your normal Forest School

Science • History • Investigations • Outdoor Skills

*Building confidence, curiosity & connection with the natural world*



Dear Parents and Carers,

I am pleased to be running a **5-week Bugs, Bones & Botany Outdoor Discovery Club** for Reception and KS1 pupils at St John's Primary School, taking place after school on Thursdays.

## Sessions will run on:

23rd April, 30th April, 7th May, 14th May and 21st May

Time: 3:15pm – 4:45pm

Places are **limited to 13 children** and will be allocated on a first-come, first-served basis. The full **5-week block costs £25 per child** (£5 per session). Please book using the following link. You will need the **code JOHNSBUGS** to access the booking page. (A QR code is also provided at the end of this letter.)

<https://buytickets.at/bugsbonesbotanycic/2170808>

## What is Bugs, Bones & Botany?

These sessions combine Forest School learning with hands-on science, giving children the opportunity to explore nature through investigation, play and teamwork.

Activities may include:

- Bug hunting and mini-beast exploration
- Investigating plants and flowers
- Shelter building and woodland games
- Learning about skeletons, bones and movement
- Simple outdoor skills such as tool use and (weather permitting) fire lighting

Each 90-minute session follows a predictable structure:

- 3:15pm – Arrival Circle: Introductions, safety reminders and the theme for the day
- Main Exploration: A choice of activities, experiments and nature investigations
- Calm Close: Reflection, sharing discoveries, drawing or storytelling

Children will then walk as a group back to the **main school gate**, where parents and carers can collect them **promptly at 4:45pm**.

## Child-Led Learning

While each week has a theme, sessions are flexible and child-led. Children are encouraged to follow their curiosity and explore what interests them most.

Activities are offered as invitations rather than requirements and participation is never forced. This approach helps children build confidence, independence and genuine curiosity about the natural world.

Across the five weeks we will explore themes such as:

- Nature Explorers – habitats and teamwork
- Bug Detectives – investigating mini-beasts
- Brilliant Plants – how plants grow
- Bones & Bodies – skeletons and movement

- Survival Skills – shelter building and simple outdoor skills

### What children should bring

As sessions take place outdoors, please ensure your child brings:

- Wellies or sturdy outdoor shoes
- Weather-appropriate clothing (coat, hat, sun protection if needed)
- A drink
- A small snack

Sessions will run in most weather conditions. If weather conditions require any changes, parents will be notified by email.

Depending on ground conditions or weather, the order of weekly themes may change slightly, but all activities will still take place during the programme.

### Consent and Medical Information

Before your child attends their first session, please complete the Consent and Medical Information Form using the link below (or the QR code at the end of this document):

<https://forms.gle/28h9X2EoF5NK8gPs5>

This form **must be completed before the first session** so that emergency contact details, medical information and permissions are in place.

If you have any difficulty accessing the form, please email me and I will happily send a Word document copy instead.

If you have any questions, please feel free to get in touch.

### Happy exploring!

*Jade Clark, BSc, MSc, Forest School Leader*

Fully insured | DBS checked | Forest School trained

Email: [bugsbonesandbotany@gmail.com](mailto:bugsbonesandbotany@gmail.com)

Website: [www.bugsbonesandbotany.co.uk](http://www.bugsbonesandbotany.co.uk)

#### Book here

Scan the QR code or use the link on page one



#### Consent and Medical form

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