



# St. John's CE Primary School

Growing and learning together  
Sharing the love of God

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Dear Parents/ Carers,

## Years 4 – 6 PSHE Curriculum - Sex and Relationship Education Lessons Summer Term 2026

As part of our PSHE (Personal, Social and Health Education) lessons at St John's, each class follows the Jigsaw Curriculum which is widely used across other primary schools locally. Jigsaw takes the form of looking at a different topic each half term. This topic is the same across year groups but is studied at a level which is age appropriate. The topics are as follows:

- Being Me in My World – Autumn 1
- Celebrating Difference - Autumn 2
- Dreams and Goals – Spring 1
- Healthy Me – Spring 2
- Relationships – Summer 1
- Changing Me – Summer 2



As you can see, the topics for the summer term are 'Relationships' and 'Changing Me'. If you would like to know more about the content of the lessons that will be taught in these units, we would like to refer you to our **SRE Policy** on our school website [here](#).

The policy was created in consultation with parents and governors.

As parents/carers, you do have the right to withdraw your child from all or part of the SRE aspect of the curriculum (except for those parts included in statutory National Curriculum Science). However, we hope you will understand that the Jigsaw materials have been found by parents, teachers and governors to be educationally sound and will be beneficial to your child's education in this area.

We would also like to inform you that in the 2026–2027 academic year, the Relationships, Sex and Health Education (RSHE) curriculum will be changing in line with updated government guidance.

During the Summer term, we would like to consult with parents about these changes and how they will be implemented within our school. We value your views and would greatly appreciate any input you can offer.

If you have any further questions or require more information with regard to these lessons, then please feel free to speak to your child's class teacher.

Thank you for your ongoing support.

Yours sincerely,

Miss Rist  
PHSE Lead



Diocese of Salisbury  
Academy Trust

'Beyond expectations for all of God's children'